





# UDAAN

April 2025

STEPHANIE A. URCHICK R I PRESIDENT CHETAN DESAI DISTRICT GOVERNOR APURVA PATEL PRESIDENT

HARSHA MEHTA HON. SECRETARY AJANTA RATH MISHRA EDITOR

### FROM THE PRESIDENT'S PEN...

### Serving with heart in April

With empathy as our guiding force, the arrival of April and the vibrant colors of spring renew our Rotary Club's steadfast commitment to service. This month, we focus on Maternal and Child Health, a fundamental part of Rotary's global mission. Our club theme, \*"Be Humane,"\* resonates deeply with this focus, emphasizing our shared responsibility to care for one another and uplift lives through compassion and action.



Reflecting on the accomplishments of March, it was indeed a remarkable month. At Discon Samanvay, we celebrated a significant milestone with Rotarians \*Shachiin and Himadri Nanavati\* becoming our club's second Arch Klumph Society members. World Rotary Week witnessed the launch of impactful initiatives, including a corporate blood donation drive at Modi Auto, collecting 43 vital units. We accelerated our cardiac

initiatives, including a corporate blood donation drive at Modi Auto, collecting 43 vital units. We accelerated our cardiac arrest initiative by installing additional AED machines, while \*"The Shrink & the Nut,"\* a mental health program, successfully engaged youth. Our first free breast screening camp at Brahma Kumari Hospital benefited 230 women, and we also donated a new Cardiac Care Ambulance to the hospital. The launch of \*RCBA CAN CARE,\* a comprehensive cancer care initiative, marked another key achievement. While the Holi Fellowship brought us closer together, our joy was tempered by the recent loss of parents of four members, to whom we extend our deepest condolences.

As we move into April, our focus on Maternal and Child Health gains momentum. Utilizing our recent Global Grant funds, we are dedicated to facilitating life-saving pediatric heart surgeries, offering children the hope of a healthier future. At the same time, we extend our prayers and deepest sympathies to those affected by the devastating earthquake in Myanmar and Bangkok, honoring the resilience of those who have suffered tremendous loss.

Looking ahead, April holds exciting opportunities for service. We plan to distribute e-learning kits, UPS systems, and whiteboards to 39 Zilla Parishad schools in Neral. In support of environmental sustainability, we will provide a solar water heater to the Boys Hostel at Ranshet and explore the feasibility of installing solar panels for the community hall under construction there. Additionally, our upcoming check dam project at Ambeghar, Vikramgarh, will contribute significantly to the well-being of the local community. We remain committed to expanding vocational computer training to at least two more centers and plan to establish a library at Dahanu for the underprivileged, responding to a request from our newly formed RCC.

Swami Vivekananda once said, \*"Character is the aggregate of tendencies, the sum total of habits."\* Guided by these words, let us build strong character through selfless service and noble actions. As we embrace Maternal and Child Health Month, our collective efforts, compassion, and shared vision will create a profound and lasting impact. Let April be a demonstration of Rotary in action, as we bring health, happiness, and hope to those in need—one life at a time.

President - Rtn. Apurva Patel

# Community Service 11 Director: Rtn. Sanjay Merchant



25 more laptops, worth 10 lakhs were donated by Tyger Capital to Ramakrishna Mission Sakwar skill development centre.

Thanks to the efforts of Dir. Rtn Sanjay Merchant & CEO of Tyger Capital, Mr. Gaurav Gupta (son of our member Rtn Rakesh & Rashmi Gupta)



A training session was conducted at Rotary Corps Community (RCC) by PP, CLF Suketu Jariwala at Palghar.

### **EDITOR'S TIDINGS**



### The Joy of Pursuing a Hobby

In the fast-paced world we live in, where responsibilities often overshadow personal time, hobbies serve as a much-needed escape. Engaging in an activity purely for pleasure brings joy, mental relaxation, and a sense of fulfillment that enhances the quality of life.

A hobby is not just a pastime; it is an expression of self. Whether it is singing, gardening, playing a musical instrument, running marathons or travelling, hobbies provide an avenue to explore creativity and passion. They act as stress busters, allowing individuals to unwind from daily pressures. The rhythmic footsteps of a marathoner, the soothing notes of a melody, or the thrill of trekking through nature can be deeply therapeutic.

Beyond relaxation, hobbies foster personal growth. They encourage learning, patience, and persistence. When someone picks up a new skill, be it knitting or photograph, there is a sense of accomplishment in mastering it. This boost in confidence often reflects in other aspects of life, making individuals more resilient and positive.

Moreover, hobbies connect people. Joining a book club, a dance class, or a sports group introduces individuals to like minded communities, making friendships and a sense of belonging.

As life becomes increasingly demanding, the importance of hobbies cannot be understated. They remind us that life is not just about deadlines and responsibilities but also about joy, creativity, and personal fulfillment. Pursuing a hobby is not a luxury; it is a necessity for a balanced and enriched life. So, take time to nurture what you love, you might just discover a new passion that makes life even more meaningful & beautiful.

For many of us, Rotary has given us a platform to pursue our passion & hobbies again which we had forgotten in our busy lives. So we owe it to Rotary, to our club for reigniting that joy & giving us that confidence & strength.

Rtn. Ajanta Rath Mishra

# **Public Image Director: Rtn. Ajanta Rath Mishra**





मुंबई ता 17 , बातमीदार वलब औव एअरपोर्ट (आरसीबीए) आणि इनर शील करन ऑफ बॉम्बे एअरपोर्ट (अध्यडब्स्यूसीबीए) यांनी संयुक्तपणे परिचर्गकडील गोरेषात गेजील एका कार्यशासेट राहरातील पहिल्या कॉपेरिट

रक्तदान मोहिमेचे आयोजन केले. रमज्यनचे उपक्रम असूनदी, शिविरात ४७ बाटल्या रक्त गोळा करण्यात आले. या कार्यक्रमाचे आपि लाईकबलड कौन्सिल यानी कार्यक्षमतेने सारिकारे

केले. हा उपक्रम क्लब्स्ड समद्विक सेवेल प्रात्माहन देग्यासारी आणि कॉप्टिंट समाजिक जबबद्धरील प्रोत्स्वान देण्यासारीच्या प्रयत्नामध्ये समन्वय आरसीबीर आणि आयडब्ल्यूसीबीर संघ एक महत्त्वाचा टप्पा असल्याचे आयोजकांनी



बॉम्बे एअरपोर्ट (आरसीबीए) आणि इनरकील क्लब ऑफ बॉम्बे एअरपोर्ट (आयडब्ल्य्सीबीए) यांनी संयुक्तपणे गोरेगाव (प.) वेबील एका कार्यशालेत मुंबईतील पहिल्या कॉपॉरेट रक्तवान शिवराचे आयोजन केले. या रक्तदान शिबियामा नागरिकांकडन उलकृतं प्रतिसाद मिळाला. या शिथिरात ४७ बाटल्या रक्त गोळा करण्यात आले. या कार्यक्रमाचे समन्वयक आरमोबीए आणि आयडब्ल्युसीबीए संघ आणि लाइफ बनड कौन्सिल यांनी

अथक प्रयत्न केले. हा उपक्रम क्लबच्या सामुदायिक सेवेला पोल्साहन वंगवासाठी आणि कॉर्पेरेट बार्बाजक जवाबवरीला प्रोत्साहन देण्यासाठीच्या प्रयत्नांमध्ये एक महत्त्वाचा टप्पा आहे.

आपण समाजाचे करती देणे लागतो या विचारानेच आरसीबीए आणि आयडब्ल्यूसीबीए यांनी या शिविराचे आयोजन केले होते. रक्तराज विविधासारचे सामाजिक कार्य सुरूच राहणार असल्वाचे स्रोगण्यात आले.

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**Newsprint** coverage of the **Blood Donation Drive at Modi** Motors.



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# 47 बोतल रक्त एकत्रित किए गए

 मुंबई, (सं). रोटरी कराब ऑक बॉम्बे एक्सबेट और इन्स कील कराब ऑक बॉम्बे एक्सबेट के मेंचुका तरकापान में इत्तर के पहले कॉप्सेंट स्कादन ऑफ्यान का आयोजन गोरेगांव प्रक्षिम में किया गया. रमजान के रोजे के बावजूद रक्तरान शिक्षर में 47 बोहल रक्त एकवित किया गयः. रकादान शिविर का समन्वय रोटरी कलव ऑफ बॉम्बे एक्टोर्ट और इनर कील

ज्लब ऑक बॉम्बे एयरपेर्ट पद्मिकारियों एवं लाइफ कुरालतापूर्वक किया, जिससे सभी प्रतिभागियों को एक सहज् अनुभव मिला. पटाधिकारियों को तरफ से कहा रखा कि या पहल सामुद्यपिक सेवा को बहुता देने और कॉपॉरेंट समाजिक जिम्मेद्रहें को प्रोत्स्वहित करने के बलब के प्रखमों में एक महत्वपूर्ण मील का पत्थर है

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**Newsprint coverage of Breast Cancer Screening at BSES** hospital.

# Community Service - 1 (Medical) Director: Rtn. Nina Bhatia







RCBA along with IWCBA had a blood donation drive at Modi Hyundai at Goregaon owned by our own rotarian Rtn. Vikram & Varsha Modi.







Breast Cancer detection camp at the BSES MG hospital, managed by the Brahmakumaris.

Beneficiaries-230 underprivileged women. 15 women were advised to go for mammogram & the entire cost of these fifteen tests were also sponsored by our club members.





AED machine was installed & CPR training was given at the Bombay Central Railway Station by our IPP Dr. Akshay Mehta.



Cancer Care (Can care) committee was formed to screen the underprivileged women for cancer & also sponsor for the treatment if detected.





"The Shrink & The Nut", a program on mental well being was conducted by the celebrity duo, famous Psychiatrist Dr. Anjali Chabbria & well known stand up comedian, Mr. Atul Khatri. This was a thought provoking session at Thakur College of Engineering, Kandivali (East)





A cardiac ambulance was donated to BSES hospital managed by the Brahmakumaris.





AED machine was installed & CPR training was given at Kanjurmarg railwaystation by our IPP Dr. Akshay Mehta .



# Youth Service 1 (Rotaract) Director: Rtn. Dr. Yogini Sheth





OCV of Thadomal Engineering College where Rotaract President Ananya Ranade & her team showcased their array of projects very well.



OCV of RC of Bombay Airport where Rotaract DRR Nikita Sunil & her team presented their array of projects very well.

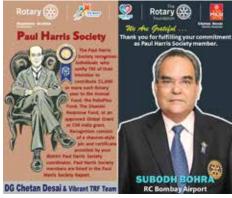




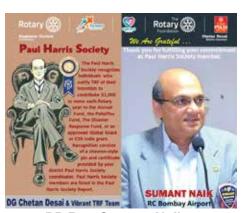


OCV of DGMC College where Rotaract President Sanman Hutgikar & his team presented their array of projects very well.

# **Paul Harris Society Member for Vibrant Rotary Year, 2024-25**



PP Rtn. Subodh Bohra



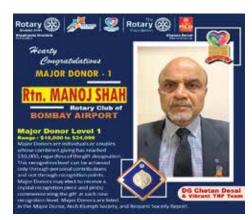
PP Rtn. Sumant Naik



PP Ashmi Parekh won first prize at 'Disha' in Jaipur. It was a conference of zone 4 & 7 for goal settings of upcoming leaders.



PP Rtn. Ujwal Andhari



Rtn. Manoj Shah



PP Rtn Ashmi Parekh was a speaker in PELS

# Club Services 1 & 11 **Director: Rtn. Dhruti Shah**



















was presented with the AKS Trophy. A new member, Rtn. Parag Dhanak was inducted on the same day. Can care committee was announced

# 'Accelerate Action' the 2025 International Women's day slogan says it all!

Accelerate, Accept, Activate all your internal as well as external energies to dream with open eyes and achieve your dreams!

When my 10 year old grand daughter Elina, asked me, What is Gender of Future?
She pushed me to think twice because Future is She!
Just as dreams have no gender, all should have equal opportunities to realize their dreams! But first we must learn to dream, as little girls with dreams become women with vision!

Today's women is Unstoppable, Unbreakable and Unapologetic and strong brave and destined to lead - Own it.

Society gave women an apron, a broom stick and she turned it into a flying carpet!

Women is the companion of Man, gifted with equal mental capacity. If by strength is meant moral power, then woman is immeasurably stronger! No one can make you feel inferior, if you do not allow it!

Let's all stand tall, stand together, and make this journey of life worthwhile. Let us press the accelerator of our life n drive away, to create a world full of compassion, love & peace!

World is your canvas, paint it with your own colour as Sky can be Pink also! Gandhiji rightly summed up, 'In a gentle way, you can shake the world' Wishing each n every Women happiness Today and Everyday! Stay Healthy, Stay Safe!



Dr Priti Doshi Educationist, Social entrepreneur, Content creator.

# Thankful to these Donors Aimco Pesticides: Eight Years of Transformative Philanthropy



Aimco Pesticides has consistently championed the cause of community development, making a meaningful impact through their philanthropic partnership with the Rotary Club of Bombay Airport for past many years. Led by the visionary leadership of their Board of Directors.

Aimco's contributions have significantly supported projects aimed at health, education, and sustainability, demonstrating their unwavering commitment to giving back to society.

One of Aimco's notable contributions includes supporting the Boys Hostel a project by Rotary Club of Bombay Airport, ensuring that underprivileged students have access to a safe and conducive environment for education and personal growth. Their funding has also enabled the construction of a school building in Ganjad village, providing modern facilities for children to pursue primary and secondary education. Aimco's dedication to healthcare was evident during the COVID-19 pandemic, when they provided essential supplies such as disinfectant powder and face masks to protect vulnerable communities.

The company's philanthropic vision is shaped by individuals like Mr. Pradeep Dave and Mr. Ashit Dave, who share deep ties with our member PP Rtn Mayoor Amin. This bond has strengthened Aimco's collaboration with the Rotary Club, amplifying their shared ideals of service and compassion.

Aimco Pesticides exemplifies how corporate entities can drive meaningful change. Their support has uplifted lives, empowered communities, and promoted sustainability, making them an integral part of Rotary's mission of service above self. As our club honors its donors, we celebrate Aimco's role in shaping a brighter future through their generosity and dedication.



Mr. Samir Dave, Managing Director



Mr. Ashit Dave, Executive Director



Mr. Pradeep Dave
Whole - time Director







The Jan Pehchaan meeting was held at the residence of PP Rtn. Bharat & Nayana Dhanki. It was very nicely conducted by PP Rtn.Sumant Naik, where all the attendees (10 couples) gained valuable insights about Rotary.

They bonded well over sumptuous food and the warmth and hospitality extended by the hosts.

# Summer Breeze Asian Slaw

A refreshing and vibrant salad that combines a variety of fresh, crisp vegetables with a zesty dressing to beat the heat.

## Ingredients:

1/2 cup shredded raw Totapuri mango

1 cup shredded cabbage

1/2 cup deseeded, thinly sliced tomato

1/2 cup shredded carrot

1/4 cup shredded raw papaya

1/4 cup shredded apple

1-1 1/2 tsp roasted white and black sesame seeds

# For the Dressing:

Small piece of ginger

1 garlic clove

1 tbsp light soy sauce

Black salt or rock salt, to taste

Fresh lemon juice, to taste

Brown sugar or honey, according to your sweetness preference

Olive oil



# Instructions:

In a large mixing bowl, combine the shredded mango, cabbage, tomato, carrot, raw papaya, and apple. For the dressing, blend the ginger, garlic, soy sauce, black salt, lemon juice, brown sugar (or honey), and olive oil in a blender or mixie until smooth.

Pour the dressing over the salad and toss well to coat the ingredients evenly.

Sprinkle the roasted sesame seeds on top for a crunchy finish.

Add a handful of roasted peanuts, almonds, or cashews for an extra crunch and flavor.

Serve immediately as a refreshing side dish or light meal.

Enjoy this vibrant, tangy salad that's perfect for a hot summer day!



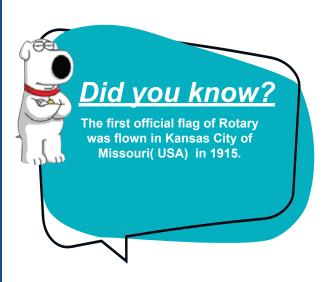


Our RCBA member at Discon 2025





PP Rtn. Shachiin & Himadri Nanavati were recognised as AKS in Discon.



# Forthcoming Events in the month of April:

7th April - Club Meeting 21st April - Club Meeting

# MUMBAI ON MY PLATTER

### **Italian Cuisine at its best**

- 1. Celin (Grand Hyatt Hotel, BKC)
- 2. Mia Cuccinna (Hill Road)
- 3. Osteria (Veera Desai Rd, Andheri West)
- 4. Terttulia (Dadar West)
- 5. Cin Cin (BKC)



# Raising a Toast...

# **Birthdays**

- 01 Mukesh Ajmera
- 02 Chhaya Shah
- 02 Sunita Gudiwala
- 02 Malti Sahetya
- 03 Vishu Lala
- 06 Gargee Vaidya

- 08 Riaz Thingna
- 08 Shachiin Nanavati
- 08 Sitaram Churiwala
- 08 Kinjal Desai
- 09 Huned Kadri
- 10 Lalit Sanwal

- 13 Sanjay Merchant
- 14 Bidyut Sen
- 14 Rina Sen
- 16 Sangeeta Jain
- 18 Amala Mehta
- 26 Dhananjay Sathaye

### **Anniversaries**

- 17 Harshad & Ami 18 Darshana & Haresh Jhaveri
- 23 Vinod & Rani

24 Vipul & Falguni 28 Suketu & Bina 29 Umesh & Sumita 29 Sandip & Ranjan